



Norfolk CAMHS

Contact details



Healthy Child Partnership

The 5-19 Healthy Child Programme offers support for health and wellbeing to all children and young people living in Norfolk.

Call: Just One Number - 0300 300 0123

ChatHealth for 11-19yrs - text: 07480635060

Parentline - text: 07520631590

Referral form can be found [here](#) and referral guidance can be found [here](#).

Tier 1

Tier 2

Point 1

Point 1 offer support to children and young people that are experiencing mild to moderate mental health difficulties.

Call: 0800 977 4077

**Email (for CYP and families):
point1-support**

@ormistonfamilies.org.uk

Referral form can be found [here](#).

Starfish LD CAMHS

Starfish offer interventions to CYP who have a diagnosed learning disability who present with challenging behaviour and or emerging mental health difficulties

Call: 01603 272319

Email: starfish@nchc.nhs.uk

Referral form can be found [here](#) and referral guidance can be found [here](#).

Norfolk and Suffolk Foundation Trust (NSFT)

NSFT offer support for children and young people with moderate to severe mental health difficulties.

Call for a referral consultation:

Central and West Norfolk (Including Norwich and King's Lynn) - 0300 790 0371

East Norfolk, Gt Yarmouth and Waveney - 0300 123 1882

Tier 3